

**Mark Wallace, Licensed Massage Practitioner (206) 396-8452**

Washington State Department of Health: Massage Practitioner License # MA 60197801

**\*\*\* PLEASE MAKE CHECKS PAYABLE TO KMW, LMP \*\*\***

Manual Therapist

HEALTH INFORMATION

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Injury: \_\_\_\_\_ ID#/DOB: \_\_\_\_\_

**A. Patient Information**

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_

Work \_\_\_\_\_ Cell \_\_\_\_\_

Employer \_\_\_\_\_

Work Address \_\_\_\_\_

Occupation \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone: Home \_\_\_\_\_

Work \_\_\_\_\_ Cell \_\_\_\_\_

**Primary Health Care Provider**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

I give my massage therapist permission to consult with my health care providers regarding my health and treatment.

Comments \_\_\_\_\_

Initials \_\_\_\_\_ Date \_\_\_\_\_

**B. Current Health Information**

List Health Concerns (check ALL that apply):

Primary \_\_\_\_\_

mild  moderate  disabling  constant  intermittent

Symptoms:  ↑ w/activity -OR-  ↓ w/activity  
 getting worse  getting better  no change

Treatment received \_\_\_\_\_

Secondary \_\_\_\_\_

mild  moderate  disabling  constant  intermittent

Symptoms:  ↑ w/activity -OR-  ↓ w/activity  
 getting worse  getting better  no change

Treatment received \_\_\_\_\_

Additional \_\_\_\_\_

mild  moderate  disabling  constant  intermittent

Symptoms:  ↑ w/activity -OR-  ↓ w/activity  
 getting worse  getting better  no change

Treatment received \_\_\_\_\_

**List Daily Activities Limited by Condition**

Work \_\_\_\_\_

Home/Family \_\_\_\_\_

Sleep/Self-care \_\_\_\_\_

Social/Recreational \_\_\_\_\_

**List Self-Care Routines**

How do you reduce stress? \_\_\_\_\_

Pain? \_\_\_\_\_

List all current medications (include pain relievers and herbal remedies) \_\_\_\_\_

Have you ever received massage therapy before? Yes \_\_\_\_\_ No \_\_\_\_\_

How often? \_\_\_\_\_

What are your goals for receiving massage therapy? \_\_\_\_\_

**C. Health History**

Please list and explain. Include dates and treatments received.

Surgeries \_\_\_\_\_

Injuries \_\_\_\_\_

Major Illnesses \_\_\_\_\_

\_\_\_\_\_, \_\_\_\_/\_\_\_\_/\_\_\_\_

PATIENT SIGNATURE

DATE